

MONU SPA DEEP CLEANSING

BACK BLITZ

A deep cleansing treatment for the back - the back is an area that often gets forgotten about and is difficult to reach.

This treatment aids in the ultimate of relaxation, whilst dealing with congestion, oiliness and tension in the back area.

- The back, shoulders and upper arms are cleansed and gently scrubbed to eliminate dead skin cells.
- The scrub is removed with hot mitts and a choice of body massage oils is offered

Ginger
Vanilla
Bali
Kyoto

Warming
Calming
Relaxing
Stimulating

- The back, shoulders and upper arms are massaged to aid circulation and ease tension.
- A deep cleansing mask is applied to the whole of the back and left on for 20 minutes.
- Whilst the mask is working, a light foot, leg and scalp massage is offered. This mask is particularly good for areas of congestion.



PROCEDURE

- Cleanse
- Brush
- Scrub
- Massage
- Deep Cleansing Mask

The deep cleansing back mask is left on for 20 minutes and during this time a light foot, leg and scalp massage is offered