

SENTOSA LUXURY SPA THERAPIES

SPA LUXURY FACIALS

Chocolate	Gerard's	£35
Sensydra	Gerard's	£35
Rain Forest	Spa Journey	£35
Aromatic Organic	Pink's	£40

SPA LUXURY FOOT THERAPIES

Oriental Sole*	Erb	£25
Glow Again Foot Radiance*	Erb	£30
Detoxify Foot Therapy*	Erb	£30
Aromatic Indulgent Pedicure*	Pink's	£30

*£5 extra for application of nail polish

FULL BODY MASSAGE

Swedish	1 hr	Firm	£30
Indonesian	1 hr 15	Firm	£35
Aromatherapy	1 hr 30	Relaxing	£35
La Stone	1 hr 30	Deeply Relaxing	£40

HEAD MASSAGE

Indian Head Massage	25 minutes	£25
Indian Head Massage	40 minutes	£30
Open Mind	Gerard's	£30

LUXURY BODY THERAPIES

Green Tea Abdomen	Gerard's	£45
Chocolate Body	Gerard's	£45
Mother to Be	Gerard's	£70
Coconut Cocoon	Spa Journey	£50
Moroccan Rose Delight	Spa Journey	£50
Body Revival	Erb	£45
Definitive Detox Ritual	Erb	£50

LUXURY BODY THERAPIES "SMOOTHIES"

Coconut	Spa Journey	£35
Tropical Spices	Spa Journey	£35
Rainforest	Spa Journey	£35
Ginger	Spa Journey	£35
Coffee	Spa Journey	£35
Dead Sea Mineral	La Cure	£35
Erb Exotic	Erb	£35

SPA LUXURY HAND THERAPIES

Finger Fabulous*	Erb	£25
Glow Again Hand Radiance*	Erb	£30
Purify Hand Therapy*	Erb	£30
Aromatic Indulgent Manicure*	Pink's	£30

BODY WRAPS**

Exotic	Erb
Oloil Anti-cellulite	Gerard's
Dead Sea Mud	La Cure
Coconut	Spa Journey
Spice	Spa Journey
Mococa	Spa Journey
Seaweed	Gerard's

**NB: all of the above wraps are part of a spa treatment

NECK, BACK AND SHOULDER MASSAGE

Swedish	25 minutes	£20
Aromatherapy	45 minutes	£25
La Stone	45 minutes	£25

AYURVEDIC

Kerala	Gerard's	£45
Shirodhara	Gerard's	£45
Pindakarma	Absolute Aromas	£45

LUXURY BODY THERAPIES

Seaweed Cellulite	Gerard's	£50
Chocolate Body and Facial	Gerard's	£75
Bali Heaven	Spa Journey	£50
Coca-ccino Delight	Spa Journey	£50
Dead Sea Experience	La Cure	£50

LUXURY BODY THERAPIES "SUPER SMOOTHIES"

Coconut	Spa Journey	£60
Tropical Spices	Spa Journey	£60
Rainforest	Spa Journey	£60
Aromatic Organic Indulgence	Pink's	£65
Essential Body Glow	Erb	£60

WELL BEING

Reflexology	£25
Ear Candling	£25

HALF DAY PAMPER PACKAGES from £90

FULL DAY PAMPER PACKAGE £175 (light refreshment included)