



Body Treatments - Hands On

Anti Cellulite Treatments

This effective treatment works wonders on sluggish circulation whilst helping the appearance of cellulite. Your legs are deep cleansed and exfoliated using Susan Molyneux Body Scrub which is then removed with warm towelling mitts. Then your legs will be massaged using detoxifying oil and lymphatic drainage techniques. To enhance the results of the treatment a thermal mask may also be applied. All you need to do is lie back and enjoy the warmth.

For best results the treatment can be taken twice a week and Susan Molyneux Body Therapy Gel may be used every day to help firm and tone the skin.

Bust Firming Treatment

This luxurious treatment is the ultimate in pampering and a real morale booster. In this 50 minute treatment the products and techniques used will help to firm the breast tissue and condition the skin.

Firstly, the skin is cleansed and exfoliated followed by a firming ampoule. A relaxing massage is then performed using rich fragrant oil and is completed with an application of our nourishing hydrating mask.

This treatment can be offered as a one-off, or for best results taken twice a week over 5 weeks. In between treatments Susan Molyneux Neck and Bust Cream is recommended.

Deep Cleansing Back Treatment

This clarifying treatment is perfect to help decongest oily spot prone skin and includes extractions if necessary. Your skin will be deep cleansed and exfoliated followed by a hot aromatic compress to relax the pores. Following extractions the treatment then includes a 20 minute relaxing massage and deep cleansing mask. The deep cleansing back treatment is the perfect treatment before a holiday or wearing a backless dress.

Essential Oil Top-to-Toe

This soothing and relaxing treatment involves massage to your face, scalp and body. A perfect blend of facial and body massage makes this treatment an ideal stress buster. Also included is an aromatic compress and therapy mask. Two hours of sheer bliss makes this treatment the perfect gift.

Slim Gel Body Wrap

The Slim Gel Body Wrap is a quick and effective way of losing unwanted inches and firming and toning the skin. This superb contouring body treatment will help to detoxify your body and improve the appearance of cellulite.

The treatment will take approximately 1 ½ hours and is recommended as a one-off treatment to get into your little black dress. Alternatively, for the most effective results and as part of a slimming or weight control program, the wrap can be offered once a week for three weeks. I can advise you accordingly.

To enhance the results In between treatments Susan Molyneux Body Therapy Gel is recommended.



St Tropez Auto Bronzant

An excellent skin care treatment to have before your holiday! A complete body and face exfoliation treatment followed by the famous St Tropez Auto Bronzant.

This treatment delivers a light golden tan which develops in 4 hrs without the harmful rays from the sun. All the St Tropez products contain Aloe Vera to moisturise and leave the skin golden and silky smooth.

Waxing

I use the Clean and Easy hygienic and gentle warm wax roller system and skin care products for smooth and long lasting hair free skin. **Smoothie** cold wax by Susan Molyneux can be used for eyebrow and lip waxing because of its gentle qualities but is not suitable for coarse hair.

For after wax skin care, I recommend Susan Molyneux **Depil Lotion** which inhibits hair growth if used regularly at home.